

## EI-COV20-025 - Lernen unter Covid 19 ? Herausforderung für die Selbstregulation

## **Abstract**

This project "Learning under COVID-19 conditions" aimed to investigate the challenges in learning process, well-being and basic psychological needs in a large sample of secondary school and university students in Austria during the COVID-19 pandemic.

As a result of the pandemic-induced school- and university-closures, there were major changes in the everyday life of young people: the important task of school and universities as a place of learning, as a social space and the function of structuring learning and everyday life were suspended. Identifying the most important risk and protective factors for maintaining motivation to learn and well-being in adolescents is of crucial importance if negative psychological consequences of the COVID-19 pandemic are to be counteracted. More than 30.000 pupils and 10.000 university students participated in three measurement points in April, May and June 2020.

The results of all three surveys confirm the great relevance of the basic psychological needs for competence, autonomy and relatedness for well-being and intrinsic learning motivation in both pupils and students. The results further demonstrate the importance of self-regulated learning to successfully master school and university tasks.

Keywords:

Covid19 Datenerhebung

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Status: Completed (01.10.2020 - 14.05.2023)

GrantID: 10.47379/EICOV20025

Further links to the persons involved and to the project can be found under <a href="https://wwtf.at/funding/programmes/ei/El-COV20-025/">https://wwtf.at/funding/programmes/ei/El-COV20-025/</a>